

Pennant Practice

**Thursday's 4pm-6pm
(Starting Thursday 31st January)**



Pennants Practice is not compulsory, but players are encouraged to attend. Our first Pennant Practice will take place on the Thursday 31st January and will continue until the finish of pennants.

Each week we will provide coaches for training drills, help with one on one coaching, specialist position advice and help in any area of player's game that they require help with.

We are pleased to have Greg Jeans leading the Pennant Coaching drills in 2019 and he will be assisted by Brett Hughes, Mike Dennis & NBC Sports Club coaches. The Coaching will not be just limited to the Thursday afternoon as we will also be conducting pennant training on request for players that can't make it on Thursday's.